

DID YOU KNOW?

- Addiction is a disease of the brain
- Alcoholism becomes more severe over time and is the third leading cause of death in America according to the CDC
- Children of addicts and alcoholics are four times more likely to become chemically dependent
- Nearly 1 out of 4 Americans admitted to general hospitals have alcohol or drug problems
- Approximately 1 out of 8 Americans is living with some form of addiction
- Without help, most alcoholics and addicts cannot quit using on their own

GET HELP NOW

If you feel you have an addiction problem:

-
- Talk with someone you trust
- Seek professional help

CHANGE IS A PHONE CALL AWAY

We are available 24 hours a day, 7 days a week.
Call for a confidential initial assessment.

800.252.5151

512.462.6729



1106 West Dittmar Road
Austin, Texas 78745



For further information
please call:

800.252.5151

512.462.6729

512.462.6714 fax

Most insurance plans and employer based policies are accepted. Private pay requires an appointment with our business office prior to admission. We are an approved Medicare and TRICARE provider for psychiatric diagnoses complicated by significant substance abuse problems.

RECLAIM YOUR LIFE



Chemical Dependency
Treatment for Adults

Detox

Medical Rehab

Residential

Intensive Outpatient (IOP)

THERE IS HOPE

Facing alcohol and drug addiction is never easy. Despite the situation you may find yourself in today, there is hope for those affected by alcoholism and/or drug addiction.

Texas Star Recovery offers chemical dependency treatment for adults over the age of eighteen suffering from addiction and/or dual diagnosis.

Dual Diagnosis is when a person has an alcohol and/or drug problem and a psychiatric diagnosis at the same time.



Texas Star is a 28 bed program located in Austin, Texas. Detox, inpatient and outpatient services are provided using the 12-step approach.

HOPE

WHAT SETS US APART

- Certified addictionologist and psychiatrist
- Consistent visits with physician
- 24-hour nursing
- Compassionate staff
- Individualized treatment plan



- Stress Management
- Physical Fitness
- Meditation & Yoga



- Healthy Cooking Consultations
- Walking Trails
- Expressive Art
- Recreational Therapy
- Community Outings
- ROPES Course



SELF ASSESSMENT

- Have you tried to cut back on your use?
- Have people expressed concern about your use?
- Have you ever felt guilt about your use?
- Does addiction run in your family?
- Have you experienced an increase in tolerance?
- Have you lied or told half-truths about your use?
- Have you been hospitalized or in legal trouble due to your use?

If you answered yes to three or more of these questions, there is a chance a problem with drugs and/or alcohol exists.

This self-assessment does not provide a precise measurement of a drug or alcohol problem.



CALL FOR
MORE INFORMATION

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OR VISIT

TexasStarRecovery.com

CHANGE

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www.TexasStarRecovery.com

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